

Suggestions on reading

June 4 – 6th TA and transference – including Object Relations =

- 1) The eata training manual section 5 on psychotherapy – you will see why this topic is so important!
- 2) The most obvious TAJ articles which you must read are the articles by Carlo Moiso and also those by Novellino –
- 3) Type in Object relations into the TAJ search and you find articles by Blackstone and Shmukler- both of which were important and influential in their times.
- 4) Type in transference and there are many articles- recent one by Hargeden is important 2001
- 5) in terms of books – well there are many books on object relations – I would be interested in hearing ones you have enjoyed / found helpful – To cheer Nigel up – of course read the TA a relational perspective...
- 6) And to cheer me up read my website.

July 30th – Aug 1st with Uta Höhl TSTA - 1) TA and constructivism - 2) TA Coaching

- 1) Uta – do you have any suggestions -??
- 2) Type constructivism / constructs etc into the TAJ – there were a number of articles –
- 3) Cocreative Transactional Analysis 2001- important ones by Allen and by Graeme Summers.
- 4) Spot the references to it on the Alice Stevenson video currently on the EATA website

October 1 – 4th: Diagnosis using TA and the DSM 4 / understanding the mental health system in the UK. Case studies presented by trainees

- 1) Obviously read the DSM4!
- 2) A very important article by Clarkson in 1989 – Metaperspectives in Diagnosis.
- 3) Type in Diagnosis and also

December 3 – 5th - Redecision Therapy

- 1) All articles and books by Bob and Mary –Goulding
- 2) Type un Redecision = see especially Reparenting the parent in support of rededitions
- 3) Parent interview by McNeel 1977

2011 - February 4 – 6th Understanding termination and grieving processes:

- 1) I don't have a particular favourite book on this – does anyone –
- 2) Try looking up this on google and wiki... I am sure there are many interesting sites / articles available.
- 3) What Do You Say About Saying Good-Bye?: Ending Psychotherapy – Kieth Tudor - 1995

April 1 – 3rd Affective Disorders and their treatment using TA.

- 1) 1981: Manic-Depressive Structure: Treatment Strategies TAJ by loomis and landsman and 1980: Manic - Depressive Structure: Assessment and Development– very good! – made huge impact on my practice!
- 2) Type in depression TAJ
- 3) Also look on google / wiki and bbc and health direct – at least you will find out what the doctors are telling our clients!
- 4) Any other good books out there?
- 5) Look up Andre Green – Dead mothers syndrome –
- 6) Denise what about info on post natal depression?

June 3 – 5th - Core TA concepts – especially understanding script analysis and its application in psychotherapy.

- 1) Pick your topic and type it into the TAJ
- 2) 2003: A Compilation Of Core Concepts article plus there was a special edition on core topics....

August 5 – 7th Diversity / culture and inclusive practice in TA psychotherapy.

- 1) Denise - What handouts did we give you for the workshop in Furth?
- 2) Type in culture and diversity into the script – see Pearl Drego and others.
- 3) 2004: Homophobia And Gay Affirmative Transactional Analysis - Carole Shadbolt – Carole is a good colleague / and old friend whom I love - however I do disagree with the conclusion she reaches.

October 7 – 9th Understanding TA as a body psychotherapy

- 1) Nick Totton's Book - an introduction to body psychotherapy is very helpful!
- 2) All articles by Bull Cornell...
- 3) My website
- 4) Type body psychotherapy into google and body into the TAJ – many articles

December 2 – 4th Couples work including understanding sexuality and treatment of sexual dysfunction.

- 1) Principles and practice of body psychotherapy – Lieblum and Rosen - an excellent book
- 2) All the good sex manuals – not many better than the latest edition of the joy of sex.
- 3) 2001: There Ain't No Cure Without Sex: The Provision Of A Vital Base – bill Cornell article 2001
- 4) Vast amounts available online.

January 6 – 8th Group work and TA psychotherapy

- 1) Yallom - both Schopenhauer cure and Group psychotherapy

- 2) Berne's books on Groups
- 3) Type groups into the TAJ – plenty of articles.